

MARULA

DAY SPA



TREATMENT
MENU

WELCOME

At Marula Day Spa, we embrace a philosophy where nature's purity and the pursuit of wellness are elevated to an art form. Drawing inspiration from the revered African Marula tree—celebrated for its healing properties and symbolic vitality—our name reflects a sanctuary rooted in life, balance, and renewal.

Our signature spa menu is a refined fusion of restorative therapies and nourishing beauty experiences - each tailored to honour your body's natural rhythm and the ever-evolving journey of life. Step into a realm of peace, wellness and indulgent rituals, where every bespoke ritual is an ode to the cadence of your body and the quiet evolution of your spirit.

Within our exclusive Jurlique-endorsed sanctuary, we unveil the purest expressions of South Australia's botanical grandeur. Each formulation is crafted from precious locally grown botanical ingredients, biodynamically nurtured and lovingly hand-harvested at the Jurlique Farm in the Adelaide Hills. Here, the rare essence of nature converges with the untamed beauty of Monarto Safari Resort. A rare and world-class wellness space where we deliver experiences that transcend the ordinary—restoring equilibrium, awakening the senses, and nurturing profound transformation.

Jurlique × MONARTO
SAFARI RESORT

HOTEL | LODGE | SPA



SIGNATURE ESCAPES

Bespoke journeys that create a peaceful mindset, crafted to restore, awaken, and transform.

MONARTO SAFARI ESCAPE

6 hours

\$895 Mon - Fri | \$995 Wkend/Pub Hol

Botanical foot immersion | Body exfoliation
Full body massage | 2-course lunch in Kutjera
Restaurant | Signature Facial | Hair and scalp
treatment with massage | Sweet indulgence
Glass of sparkling wine | Herbal teas

Immerse yourself in a full day of indulgent rituals, where nature's raw beauty meets refined wellness. Your experience begins with a botanical foot bath and invigorating body exfoliation, followed by a deeply restorative full-body massage. Savour a decadent two-course lunch in our restaurant before surrendering to our Signature Facial, culminating in a nourishing hair and scalp treatment with soothing massage. Designed for the bold and adventurous spirit, this six-hour escape is the ultimate expression of renewal and connection to the wild plains of Monarto.

**This package also includes an hour's access to our wellness facilities, including sauna, vitality pool, and plunge pool.*

SOUL RENEWAL

3 hours

\$595 Mon - Fri | \$695 Weekend/Pub Hol

Botanical foot immersion | Sauna |
Full body exfoliation and hydration massage
Signature Facial | Platter | Sweet indulgence
Glass of sparkling wine | Herbal teas

A journey of pure restoration, inspired by the healing properties of the Marula tree. Begin with a botanical foot bath and sauna, before unwinding with a full-body exfoliation and hydrating massage. Complete your experience with our Signature Facial, then unwind with a sweet indulgence and a glass of sparkling wine. This three-hour escape is designed to nourish, revive, and awaken the spirit.

WHISPER OF THE WILD

2 hours

\$375 Mon - Fri | \$445 Wkend/Pub Hol

Full body massage | Signature Facial
Herbal teas | Sweet indulgence | Herbal teas

Answer the call of the wild with this soul-stirring journey of renewal. Immersed in the purest botanical elements and guided by transcendent touch, this two-hour experience melts away the noise of the world, awakening a deep, primal serenity within. A ritual where the untamed beauty of nature breathes new life into body, mind, and spirit.

BOTANICA LUMINA

1.5 hours

\$375 Mon - Fri | \$445 Wkend/Pub Hol

Back, neck and shoulder massage
Essential Facial | Hand and foot massage
Sweet indulgence | Herbal teas

Awaken your inner glow with this restorative journey through touch and nature. Melt into a soothing back, neck, and shoulder massage before experiencing a luminous Essential Facial designed to renew and revitalise. Complete your escape with a nurturing hand and foot massage, enveloping you in a cocoon of pure botanical bliss. In just ninety minutes, Botanica Lumina leaves you radiant, rebalanced, and utterly renewed.

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COUPLES TREATMENTS

MARULA ROMANCE RITUAL

2 hours

\$795 per couple Mon - Fri

\$895 per couple Wkend/Pub Hol

Botanical foot immersion | Full body massage
Signature Facial | Glass of sparkling wine
Wellness platter | Sweet indulgence
Herbal teas

Surrender to the rhythm of a shared escape with this thoughtfully curated ritual for two. Your experience begins with a warm, aromatic foot immersion, inviting a sense of calm and connection from the very first moment. A flowing full-body massage melts away tension, followed by a Signature Facial to restore luminosity and balance. A nourishing scalp and hair ritual, enhanced with gentle massage, brings deep serenity and sensory delight. Your experience concludes with a beautifully presented grazing platter, a glass of sparkling wine each, and a handcrafted sweet treat - a graceful finale to an experience designed to linger in memory. An opulent expression of togetherness, tranquillity, and timeless indulgence.

**This package also includes an hour's access to our wellness facilities, including sauna, vitality pool, and plunge pool.*

TRANQUIL RETREAT

2 hours

\$495 per couple Mon - Fri

\$595 per couple Wkend/Pub Hol

Botanical foot immersion | Full body massage
Wellness platter | Sweet indulgence
Glass of sparkling wine

Embark on a journey of indulgence and connection. Begin with a calming foot soak, followed by a rejuvenating full-body massage to melt away tension. Continue in our exclusive wellness facilities, where the sauna and pool enhance your tranquillity. Conclude with a decadent platter, sparkling wine, and small, sweet treats, the perfect finale to a luxurious experience. A celebration of relaxation, romance, and refined elegance for two.

**This package also includes an hour's access to our wellness facilities, including sauna, vitality pool, and plunge pool.*

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MASSAGE

SOOTHE

60min | \$165 Mon - Fri | \$200 Wkend/Pub Hol
90min | \$225 Mon - Fri | \$270 Wkend/Pub Hol

A gentle, flowing massage designed to relax the body and calm the mind. Using long, rhythmic strokes and light to medium pressure, this classic technique promotes circulation, eases muscle tension, and encourages deep relaxation. Ideal for those seeking a peaceful escape and a moment to simply exhale.

DEEP FLOW MASSAGE

60min | \$175 Mon - Fri | \$210 Wkend/Pub Hol
90min | \$235 Mon - Fri | \$280 Wkend/Pub Hol

A rhythmic, grounding massage that works deeper into the layers of muscle to release held tension and restore balance. Using firm, intentional pressure and slow, flowing strokes, this treatment encourages physical and mental release without the intensity of a remedial or sports approach. Ideal for those who prefer a stronger touch while still seeking a calming, restorative experience.

EMBER TOUCH

60min | \$185 Mon - Fri | \$220 Wkend/Pub Hol
90min | \$245 Mon - Fri | \$290 Wkend/Pub Hol

Let the warmth of the earth melt away tension in this deeply grounding and restorative ritual. Smooth, heated stones are gently glided over the body in slow, flowing movements, allowing heat to penetrate deeply into the muscles and quiet the nervous system. The comforting embrace of warmth and rhythmic touch promotes profound relaxation, releases deep-seated tension, and restores balance to body and mind.

FACIALS

GLOW AND ENERGISE

30min

\$125 Mon - Fri | \$150 Wkend/Pub Hol

Opening sensory ritual | Warm foot compress
Aromatic facial compress | Tailored skin
journey | Neck and shoulder massage
Closing sensory ritual

When the pace of life calls for stillness, this nurturing 30-minute ritual offers a moment of calm. A personalised skin journey using Jurlique natural products is paired with a soothing facial massage, easing tension while nourishing the complexion for a radiant glow. A restorative neck and shoulder massage melts away remaining stress, leaving you feeling deeply relaxed and renewed.

RARE ROSE HOLISTIC FACIAL

Hydrate • Harmonise • Illuminate

60min

\$195 Mon - Fri | \$235 Wkend/Pub Hol

Opening sensory ritual | Warm foot compress
Rare rose skincare journey | Aromatic facial
compress | Rose Quartz Gua Sha facial
massage | Closing sensory ritual

Indulge in a luxurious facial ritual designed to restore radiance and replenish hydration. Featuring Jurlique's exclusive Rare Rose collection, enriched with farm-grown botanicals, this treatment soothes both skin and spirit. A flowing rose quartz massage enhances glow, calms the senses, and leaves the complexion soft, luminous, and beautifully balanced.

HERBAL RECOVERY REVITALISING FACIAL

Replenish • Restore • Renew

60min

\$195 Mon - Fri | \$235 Wkend/Pub Hol

Opening sensory ritual | Warm foot compress
Herbal recovery skincare journey
Aromatic facial compress | Ice globe sculpting
facial massage | Closing sensory ritual

Breathe new life into tired, stressed skin with this revitalising facial experience, enriched by a powerful botanical blend of Holy Basil, Iris root, Echinacea, and Black Elderflower - cultivated on Jurlique's biodynamic farm. Designed to support skin resilience and counter the first signs of ageing, this treatment blends nature's potency with mindful touch.

NUTRI-DEFINE REJUVENATING FACIAL

Life • Sculpt • Revitalize

60min

\$195 Mon - Fri | \$235 Wkend/Pub Hol

Opening sensory ritual | Soothing warm
foot compress | Nutri-define skincare ritual
Aromatic facial steam compress | Dual crystal
massage, Cool Jade & Warm Rose Quartz
Closing sensory ritual

Rediscover your skin's youthful vitality with our Nutri-Define Facial - an indulgent treatment powered by farm-grown Spilanthes extract, known for its collagen-supporting properties. This luxurious experience features a sculpting crystal massage that alternates between warm rose quartz and cool jade rollers to enhance tone, elasticity, and facial definition.

Designed to smooth the appearance of fine lines and wrinkles, this rejuvenating journey leaves your skin feeling plump, firm, and beautifully refreshed

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CALENDULA CALMING FACIAL

Soothe • Strengthen • Restore

60min

\$195 Mon - Fri | \$235 Wkend/Pub Hol

Opening sensory ritual | Warm foot compress
Calendula skincare experience | Aromatic
facial steam | Cooling ice globe facial
massage | Closing sensory ritual

A gentle, restorative facial designed to bring comfort to delicate or sensitive skin. Featuring our botanical Calendula collection, made with farm-grown ingredients known for their calming properties, this treatment eases irritation and promotes a balanced complexion. A soothing massage with cooling ice globes enhances relaxation, reduces redness, and leaves skin feeling refreshed and harmonized.

SUPREME SIGNATURE FACIAL

Regenerate • Renew • Radiate

90 min

\$285 Mon - Fri | \$340 Wkend/Pub Hol

Opening sensory ritual | Warm foot compress
Personalised skincare journey | Aromatic
facial steam | Two-phase Vitamin C treatment
Hand, arm and foot massage | Neck, shoulder
and scalp massage | Signature and Rose
Quartz facial massage | Closing sensory ritual

Elevate your skincare ritual with our most indulgent facial experience. Begin with a double cleanse and our targeted two-phase Vitamin C treatment to exfoliate and brighten. A calming hand and arm massage soothes as a revitalizing mask infuses radiance. A signature facial massage with Rose Quartz brings vitality and balance, followed by a relaxing neck, shoulder, and scalp massage. Your experience concludes with a customized blend of serums, moisturisers, eye cream, and lip balm for a luminous, refreshed finish.





FACIAL ENHANCEMENTS

For those seeking a deeper sense of restoration, our enhancements offer the perfect way to enrich your facial ritual. Each enhancement has been thoughtfully designed to complement your treatment and elevate your time with us. Available only as an addition to an existing facial.

ILLUMINATING VITAMIN C EXFOLIANT

Regenerate • Refresh • Replenish
15 minutes | \$50

Infuse your skin with a burst of antioxidant energy. This two-phase Vitamin C treatment brightens, exfoliates, and hydrates, enhancing your facial and leaving your skin luminous and revitalised.

RENEWING AHA PEEL

Reinvigorate • Revive • Rewind
15 minutes | \$50

A powerful express peel enriched with natural lactic acid, designed to smooth texture, lift dullness, and instantly reveal a more vibrant complexion. A beautiful addition for those seeking visible results in minimal time.

TREATMENT ENHANCEMENTS

ESSENTIAL MASSAGE

Unwind • Be Present • Let Go
30 minutes
\$80 Mon - Fri | \$95 Wkend/Pub Hol

Opening sensory ritual | Warm foot compress
Rare rose skincare journey | Aromatic facial
compress | Rose Quartz Gua Sha facial
massage | Closing sensory ritual

Surrender to the soothing rhythm of warm botanical oils as our therapist's ease tension through the back, neck, and shoulders. Your chosen aroma sets the tone for this calming massage, designed to quiet the mind and rebalance the body.

BOTANICAL FOOT IMMERSION

Relax • Soothe • Restore
30minutes | \$80

Immerse your feet in a luxurious infusion of warm aromatic botanicals designed to soothe the senses and soften the skin. A gentle exfoliation smooths away dullness, while a slow, indulgent foot massage melts away tension, leaving you feeling deeply relaxed and exquisitely pampered from the very first touch. Perfect as a grounding start to any spa experience.

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WELLNESS FACILITIES

Rejuvenate • Relax • Restore

Experience the perfect balance of relaxation and revitalisation, designed to leave you feeling restored and refreshed.

Step into tranquility with access to our exclusive wellness facilities, designed to provide a restful escape for both body and mind. Enjoy the soothing warmth of our **Traditional Sauna**, perfect for relieving tension and promoting relaxation. Refresh and invigorate with a calming dip in our **Vitality Pool**, surrounded by a peaceful atmosphere that enhances your sense of calm.

For an invigorating experience, take a revitalizing plunge into our **Ice Plunge Pool**, designed to boost circulation and refresh your senses. Complete your ritual with our **Showers**, offering an array of water treatments to cleanse and rejuvenate.

FACILITIES INCLUDE:

- Traditional Sauna
- Vitality Pool
- Ice Plunge Pool
- Refreshing Showers

60 min | 1 person | \$70

60 min | 2 person | \$100

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A GRACEFUL FINALE

Starting from \$60

Conclude your spa experience with a touch of indulgence. Delight in a beautifully curated grazing platter and a glass of sparkling wine—an elegant way to unwind and savour the serenity of your treatment.

Platter options available to suit dietary requirements, including vegetarian, vegan, and gluten-free. Please enquire at time of booking.

PRIVACY COLLECTION NOTICE – MARULA DAY SPA

Introduction

At Marula Day Spa, we take your privacy seriously and are committed to protecting your personal information. This Privacy Collection Notice provides a summary of how we handle and safeguard the data we collect from users of our website and services.

We encourage you to view our full Privacy Policy, which can be accessed here: <https://monartosafariresort.com/privacy-policy/>

By engaging with us, you consent to the practices described in our Privacy Policy.

What Information We Collect and Where We Get It

We collect and store different types of personal information about you to provide you with our services. This includes, but is not limited to, details you supply through our website, over the phone, via email, post or in person. We also retain records of all correspondence related to customer service, purchases, and support inquiries. The types of personal information we may collect includes but is not limited to your name, contact details, payment information, health-related information relevant to the services you wish to receive, and marketing and communications data.

How We Use Your Information and Why

The personal information we collect is essential for delivering our products and services, maintaining high standards of customer care, and improving our offerings. This includes using your information for booking and managing appointments, provision of treatments and facilities, and managing your account.

We may use your personal information to send essential updates, service notifications, and account-related emails. Occasionally, we may also send promotional materials. You may opt out of receiving marketing communications from us at any time by following the unsubscribe link or the instructions provided in any email we send, or by emailing dayspa@monartosafariresort.com.

Who We Share Your Data With and Why

We may disclose your personal information to partners and other third parties associated with our services. These may include other companies affiliated with the Monarto Safari Resort, IT and system administration service providers and others, in order to assist in providing our services to you. We may also disclose to other parties where required or permitted by law.

Looking After Your Information

The security of your data is important to us and we take steps to try to make sure your information is protected. However, perfect security does not exist, and we cannot guarantee the absolute security of your personal information.

Accessing and Updating Your Information

If your personal details change, or you wish to discontinue our services, you may request updates, corrections, or deletion of your information by contacting us at dayspa@monartosafariresort.com.

Individuals located in the European Economic Area, United Kingdom or Switzerland

In addition, if you live in the European Union, UK, or Switzerland, please also read our Special Notice to Individuals in the European Economic Area, the United Kingdom and Switzerland, contained in our full Privacy Policy.

Policy Updates

We reserve the right to make changes to the Privacy Collection Notice, or our Privacy Policy, at any time. Any updates will be posted on our website. We encourage you to review our Privacy Collection Notice and Privacy Policy periodically to stay informed about how we are protecting your information.



